

International **Conference of Indian Academy of Health Psychology**

ICIAHP - 2023





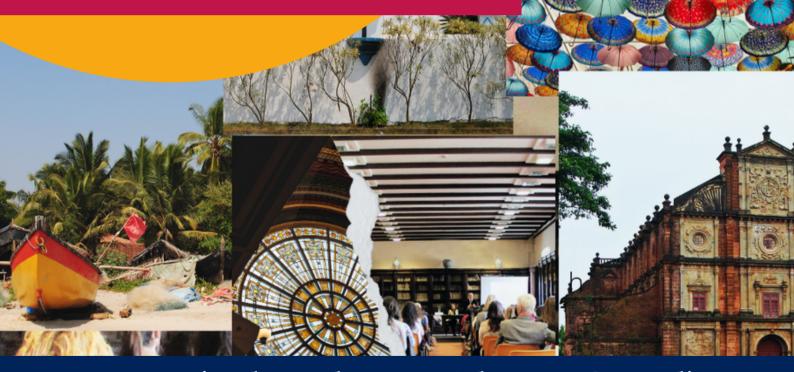




30 NOVEMBER -2 DECEMBER 2023

Focal Theme

Health Psychology in Integrative Health Care: A Multidisciplinary Perspective



Venue: Peninsula Beach Resort, Calangute, Goa, India

Indian Academy of Health Psychology

in collaboration with

We Avec U Mental Health Organisation











SUPPORTIVE COLLABORATIONS ICIAHP - 2023

The 8th International Conference of the Indian Academy of Health Psychology (ICIAHP 2023) in collaboration with the We Avec U Group of Companies, is being supported and promoted by the following International and National organisations. The organising committee extends its sincere thanks to all the professional organisations.



WELCOME TO ICIAHP - 2023

On behalf of the organising committee of the 8th International Conference of the Indian Academy of Health Psychology, we are privileged and honoured to cordially invite you all to the upcoming event of Health Psychology scheduled to be held from 30th November 2023 - 2nd December 2023 at Peninsula Beach Resort, Calangute, Goa, India. In the current scenario, all health practitioners practice the medical model by integrating the various disciplines of medical and allied sciences to deal with various kinds of health issues, be they physical or psychological. The integrative approach in medical care not only fastens the recovery of health issues but also helps the patients to have holistic recovery and rejuvenates them in their original society. Health Psychology is again one of the promising disciplines of healthcare, which further facilitate the betterment of patients from within to avoid obvious issues and strengthen them to fight chronic conditions of health issues with a better coping mechanism. Hence, the aim of the conference is to understand the impact of health psychology in integrative healthcare with a multidisciplinary perspective. The conference further aims to explore the global perspective on the rise in the prevalence rate of mental problems and a multidisciplinary approach as an intervention. The conference would provide an academic platform for all the researchers, scientists, health psychologists, medical/health care professionals, and educationists to exchange their views and share their experiences on the theme and sub-themes of the conference through their research and academic practices. The conference envisions inviting multi-disciplinary perspectives on mental health & well-being, where the health care professionals, scientists and scholars from across the globe will come together to present, discuss and exchange their innovative works in the area.

We eagerly look forward to have your active participation and to welcoming you in the conference with your colleagues, friends and research scholars.

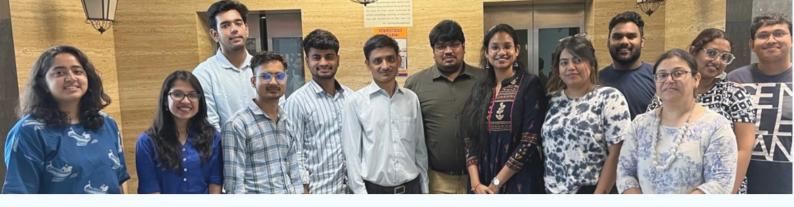
Prof. Anand Kumar Conference Chairman ICIAHP-2023 Dr Anand Pratap Singh Conference Director ICIAHP-2023

Prof. Anand Kumar

About IAHP

The Indian Academy of Health Psychology (IAHP) is a professional organisation dedicated to advancing the field of health psychology and improving the well-being and quality of life of individuals. Its primary objective is to enhance awareness and disseminate knowledge about health psychology through various means such as networking, creating a comprehensive database, fostering collaborative research, and publishing informative materials like monographs, reports, and books. The IAHP consists of a distinguished community of researchers, scholars, healthcare professionals, and students who work together to promote the scientific understanding and practical applications of health psychology. They actively organise seminars, debates, workshops, and conferences that provide a platform for the scientific community to exchange knowledge and address the various issues and challenges related to human health.

Prof. Anand Kumar laid the foundation of Indian Academy of Health Psychology (IAHP) in January, 2015 to serve the people through the academy with a vision to improve health and well-being by creating awareness/spreading knowledge about this field. He has been honored with distinctions and awards by many national and international organizations which include the Best Speaker Award in 1983 by World Congress of Social Psychiatry, Osaka, Japan; Man of achievement award in 1991 by International Biographical Centre, Cambridge. Kashi Ratna in 2007 for his outstanding services in the area of psychotherapy by the Indian Association of Journalists; Man of Achievement award in 2016 by Gautam Buddha University, Greater Noida, India; Mental Health Professional Honor by the Manas Charitable Trust for Mental Health, Ahmedabad, Gujarat in 2020. Recently, he was conferred "Lifetime Achievement Award" in 2021 for his outstanding contribution in Health Psychology.



About We Avec U Mental Health Organization

We Avec U Group of Companies, founded and spearheaded by Dr Sundeep Katevarapu and Priya Lanka is a one-stop solution for all psychological, life sciences educational and research services. We Avec U is a dedicated organization that firmly believes in the equal importance of mental and physical health. We Avec U is affiliated to 24 national and international bodies like NCS, Start Up India, APA, BPS, WMHF etc.

We Avec U's USP include:

- Holistic approach towards psychological and educational needs
- Hands on Practical Exposure with 1-1 Emphasis
- Queer affirmative & trauma informed psychologists
- Different types and modalities of therapies.
- Experienced and Qualified Facilitators and Staff
- Internationally & Nationally accredited Courses

We Avec U Organization offers a comprehensive range of services in the field of psychology. The clinic offers multicultural and multidimensional mental health solutions to a diverse set of population. The organization provides counselling services, licensed courses from organization like UNESCO-CID, along with training and internship programmes in psychology and life sciences.

Additionally, We Avec U caters to the corporate sector, providing training programs on mental health and well-being, including psychometric testing for employee selection and development. The organization envisions to offer mental health services to the community through their outreach at grassroot level. Through the comprehensive range of psychological services, guidance cell, research wing and We Avec U Clinic, the group of companies has enrolled and helped 6000+ students, reached hundreds of people with mental health services.

We Avec U provides online certificate and diploma courses, entrance coaching for psychology master's programs, NET, MPhil, and PhD exams. The institute focuses on personality development, talent enhancement, and the promotion of mental and physical abilities.

The organization is committed to providing accessible and high-quality mental health services to individuals from diverse backgrounds. With a team of experienced and qualified professionals, they aim to create a safe, inclusive, and welcoming environment where individuals can find the support and guidance needed to overcome mental health challenges.







Organizing Committee

Prof. Anand Kumar

President, IAHP

CONFERENCE CHAIRMAN

Dr. Anand Pratap Singh

HOD, Psy & Mental Health, GBU
CONFERENCE DIRECTOR

Dr. Sundeep Katevarapu

Founder, We Avec U Group Of Companies
ORGANISING SECRETARY

IAHP CORE COMMITTEE			
Prof. Rakesh Jain, Chairman, IAHP-E-Academy Dr. B. C. Kar, Finance Secretary,			
Dr. Vismita Paliwal, EC member,	Kajal Vishwakarma, Coordinator, ICIAHP-2023		
Dr. Ashok Rai, Secretary General	Dr. Vijendra Nath Pathak, Coordinator, ICIAHP-2023		

CONFERENCE COORDINATORS

Academic Coordinators							
Aakriti Varshney 8447133318 Priya Lanka 9169179918							
Aayushi Sharma 9871823757 Titiksha Paul 9582561232							
Sanchita Sood	Sanchita Sood 9810705543 Neharshi Srivastava 9839378655						

Registration Coordinators						
Shubh Gulati 9971504651 Pragya Singh 8840026239						
Monica Abbott	8448769603	Siddharth A	8849880766			
Anwesha Choudhury	Anwesha Choudhury 8448769605 Karuna Sheravat 9873807987					

Hospitality Coordinators					
Aankur Pradhan 8448769607 Srishti 9162848999					
Poonam Singla	8448769609	Prakhar Shankar	7678661936		
Pratik Mittal 9999140914 Rahul Chauhan 8920295840					

Venue Coordinators					
Somya Singh 8765000400 Shachi Jhala 8160857204					
Shivani Joshi	9428802082	Anisha Batra	8447301999		
Twisha Oza	9537457408	Neha R. Garva	9638880098		

ADVISORY COMMITTEES

National Advisory Committee	International Advisory Committee
Prof. N. K. Saksena, Former Principal PPN College, Kanpur	Prof. M.A. Khalid, Director PIB, Bangladesh
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Prof. Kamayani Mathur, Prof. Gujarat Uni, Ahmedabad	Dr. Kanak Pandey, Director, GHK, Canada
Prof. Uday K. Sinha, Prof. IHBAS, New Delhi	Dr. Dess Mardan Basnet, Founder President, WWA, Nepal
Prof. O. P. Sharma, Prof. Rajasthan Uni, Jaipur	Prof. Adela Barcia, Psychotherapist, USA
Dr Priyanka Tiwari, Prof & HOD, MRIIRS, Faridabad	Prof Sunil Hasmukharay, Malaysia

Health Psychology in Integrative Health Care: A Multidisciplinary Perspective

SUB THEMES

- Clinical Health Psychology: Global Perspective
 Childhood Disorders and their management
- Mental Health in Post Covid Scenario
- Psychiatry and its Application in Various Health Settings
- Role of Artificial Intelligence and Brain Computer Interface in Healthcare Services
- Psycho-Dermatology: Issues and Challenges
- Hypnotherapy and Health Care Management
- Tele-Mental Health Services: Emerging Trends
- Internet Addiction: Implications and Interventions
- Cyber Crime in Digital Era and Psychosocial Wellbeing
- Neurodevelopmental Disabilities and Inclusive Approach in Light of New Education Policy

- Chronic Illnesses and Mental Wellbeing: Current trend and Practices
- Psychotherapies: Current Practices, Advancement and **Future Prospects**
- Indigenous Perspectives on Mental Health and Wellbeing
- Positive Psychology: Application and Emerging Trends
- Neuropsychology: Application in Health Settings
- Forensic Psychology: Application and Current Trends
- Psychophysiological Interventions in Health Psychology
- Yoga and Alternative medicine for mental health in modern world
- Neurodevelopmental Disabilities: Current Perspective on Burden of Care & Stigma

CALL FOR PAPERS

Scholars interested in presenting research papers on the theme or any sub theme of the conference are required to submit their abstract in soft copy by email at contact@iciahp2023.com before 15th September, 2023. Guidelines: <= 250 words; A4 size, 1.5 spacing. The abstract must include Title, Author's names and Institutional affiliation. The content of the abstract should start from a new paragraph stating clearly Background, Objectives, Method, Results, Conclusions and 3 keywords.

• NOTE: Out of all the invited talks, workshops and scientific papers, 30 best papers would be selected by the academic committee which would be further reviewed and edited in required manner. Subsequently it would be published in the edited book carrying ISBN number in association with a publisher of national and international repute. The other terms and conditions in this regard would be laid by the IAHP executive committee. The paper publication is subject to the submission of a fee which is not included in the registration form. Certificates will be immediately provided to participants, session presenters, and chairpersons.

PUBLICATION OPPURTUNITIES

UGC Care Listed Journal

Web of Science **Indexed Journal** **Scopus Indexed** Journal

Peer Reviewed Journal with ISSN No.

ABSTRACT WILL BE ACCEPTED ONLY OF THE REGISTERED DELEGATES **DEADLINE FOR ABSTRACT SUBMISSION: 15TH SEPTEMBER, 2023 DEADLINE FOR FULL PAPER SUBMISSION: 30TH SEPTEMBER, 2023**

IAHP AWARDS

1. Manju Thakur Memorial Oration Award

This award is instituted by Dr. Archana Thakur, Joint Secretary, U.G.C. in memory of her mother to be conferred at the International Conference of IAHP to an eminent scholar for delivering a special lecture on any contemporary issue of Health and Well-being. The scholar for this award will be nominated by the President, Indian Academy of Health Psychology.

2. Anita Memorial Innovative Scientist Award

This award is instituted by Prof. Anand Kumar, President, IAHP in the memory of his beloved wife Late Smt. Anita Srivastava. The award is to be conferred at the annual international conference of IAHP every year to a meritorious scholar/scientist who have carried out an innovative work in the area of health and well-being. The work must be original and innovative in nature, has not been carried out in the past ever. The work should neither have been published nor presented in any form is a mandatory requirement. The papers received for this session will be reviewed by a screening committee and based on the quality and significance of the research, only 03 papers will be selected for presentation in the IAHP Innovative Scientist Award session and remaining paper will be considered for presentation in the scientific session.

3.IAHP Young Scientist Award

A special session for the young scientist award will be organised for young researchers and scholars (age up to 35 years as on 15th September, 2023). Paper should be single authored only and a self-declaration to the effect that the paper has neither been presented in any forum nor been published in any form is a mandatory requirement. The papers received for this session will be reviewed by a screening committee and based on the quality and significance of the research, only 05 papers will be selected for presentation in the IAHP young scientist award session and remaining paper will be considered for presentation in the scientific session.

4.IAHP Best Paper Award

A special session for Best paper award will be organised for researchers and scholars (age up to 45 years as on 15th September, 2023). Paper should be single authored only and a self-declaration to the effect that the paper has neither been presented in any forum nor been published in any form is a mandatory requirement. The papers received for this session will be reviewed by a screening committee and based on the quality and significance of the research, only 05 papers will be selected for presentation in the Best paper award session and remaining paper will be considered for presentation in the scientific session. The results will be declared and the citation of best paper award will be presented to the candidate at the valedictory session of the conference.

NOTE: Interested participants for all above award categories should send their abstract and full paper as soft copy by email to iahp.in.net@gmail.com with his IAHP Life membership number, age proof and self- declaration before 15th September, 2023. It must be **Addressed to:** Prof. Anand Kumar, **President:** Indian Academy of Health Psychology, **E-mail:** iahp.in.net@gmail.com, profananda@yahoo.com

REGISTRATION DETAILS

Delegates Category	Accomodation Category	Early Bird - Before 15th Sep, 23	After 15th Sep, 23
Research Scholars & Students	Triple Sharing	Rs. 8,500/-	Rs. 10,000/-
Research Scholars & Students	Double Sharing	Rs. 9,000/-	Rs. 10,500/-
Working Drofossionals	Double Sharing	Rs. 10,500/-	Rs. 12,500/-
Working Professionals	Single	Rs. 12,500/-	Rs. 14,500/-
IAHP Professionals	Double Sharing	Rs. 9,500/-	Rs. 11,000/-
We Avec U Associates	Triple Sharing	Rs. 8,000/-	Rs. 10,000/-
Accompanying person	Double Sharing	Rs. 9000/-	Rs. 10,500/-
Local Delegates / Online Mode	Without Accom.	Rs. 4500/-	Rs. 5,500/-
International Delegates	Single	350 USD	450 USD

REGISTRATION FEE WILL COVER

- Accommodation at hotels within walking distance of the venue. (Accommodations will be available from afternoon of 29th November to afternoon of 2nd
 December 2023)
- Meals Breakfast, Lunch, Dinner, Tea/Coffee (once a day)
- Conference kit including conference bag, notepad, pen, souvenir/abstract book, ID Card.
- Registered delegates of the Pre-conference workshop, also registered for the conference will enjoy access to the inaugural function, scientific sessions, psychological tests/books exhibition, and valedictory function, starting from the workshop's commencement.
- The Registration fees mentioned above are per person and are exclusive of travel expenses.
- All the payments are to be made through payment details given in the registration form link.
- Accommodation is provided on a first-come, first-served basis, subject to availability. Students need to submit a Bonafide Certificate from their Department/Institute confirming their student status and willingness to participate in ICIAHP-2023.
 - Admissions to inaugural function, scientific sessions, exhibition of psychological tests/books and valedictory function.

NOTE: Transport services from Railway station/ Airport from the conference venue would be provided by the helpdesk of the resort on paid basis and subsidised rate. Kindly contact the organisers for the same.

To Fill the Registration form, <u>CLICK HERE</u>

Submit abstract / full paper at <u>contact@iciahp2023.com</u>

PRE- CONFERENCE WORKSHOPS

The pre-conference workshops would be organized on **29th November**, **2023**. On this day, 4 workshops are to be held. 2 workshops would be conducted parallelly at the same time both in morning and afternoon sections. Therefore, the interested delegates may choose their participation as per their preference of the workshop. A separate registration is required on the part of the interested participants to participate in the given workshop. **CLICK HERE** to register

Sl. no	Resourse Person	Country	Торіс	Time and Venue	Registration Fee (Indian delegates)	Registration Fee (International delegates)
1	Prof W M Abu Hassan	Palastine	Trauma Release Exercise	10AM - 1PM, Hall 1	Rs. 2000/-	25 USD
2	Dr. Sudipta Roy	India	Mindfulness-Based CBT	2PM - 5PM, Hall 1	Rs. 2000/-	25 USD
3	Dr. Bhupendra Palan, President: Academy of Hypnosis	India	Basics of Hypnotherapy in Healthcare	10AM - 1PM, Hall 2	Rs. 2000/-	25 USD
4	Dr Narendra S Thagunna	Nepal	Suicide Prevention Strategies	2PM - 5PM, Hall 2	Rs. 2000/-	25 USD

CONFERENCE VENUE

The common venue for all the programmes is Penninsula beach Resort in association with few other hotels nearby to it and the conference hall in walking distance.



ADDRESS FOR COMMUNICATION

Address all correspondence related to 8th International Conference of Indian Academy of Health Psychology to:



Prof. Anand Kumar Conference Chairman, ICIAHP -2023 President Indian Academy of Health Psychology

9415202167, 9140370650

iahp.in.net@gmail.com profananda@yahoo.com



Dr. Anand Pratap Singh Conference Director, ICIAHP-2023 Head, Department of Psychology and Mental Health, Gautam Buddha University, Gr. Noida, U.P., India

9650257255, 8929589265

contact@iciahp2023.com apsingh.cp@gmail.com



Dr. Sundeep Katevarapu Organizing Secretary, ICIAHP -2023 Founder & CMD, We Avec U Group of Comapnies

99910661996

contact@iciahp2023.com sundeepk@weavecu.org

IMPORTANT DATES

15th Sep 23

30th Sep 23

30th Nov

1st Dec

2nd Dec



1. End of Early Bird Registration

2. Deadline for Abstract Submission

Deadline for full paper submission

Day 1 of the Conference

Day 2

Day 3

https://iciahp2023.com/

contact@iciahp2023.com / iahp.in.net@gmail.com / research@weavecu.org

+91 84487809607/ 8448789603 / 9910661996 / 9971504651 / 8840026239

We Avec U Group of Companies, 2305, 23rd Floor, Supertech E-Square, Sector > 96, Noida, Uttar Pradesh, India - 201303

PLACES TO VISIT IN GOA

1. CALANGUTE BEACH:

Known as the "Queen of Beaches," Calangute Beach is one of the most popular tourist destinations in Goa. With its golden sand, clear blue waters, and vibrant atmosphere, it offers a perfect blend of relaxation and fun water activities.



2. OLD GOA:

A UNESCO World Heritage Site, Old Goa is a treasure trove of historical and architectural wonders. It is home to magnificent churches like Basilica of Bom Jesus and Se Cathedral, showcasing the rich colonial heritage of the region



3. DUDHSAGAR FALLS:

Situated in the lush Western Ghats, Dudhsagar Falls is a breathtaking natural wonder. The four-tiered waterfall, surrounded by dense green forests, creates a mesmerizing spectacle as the milky-white water cascades down from a height of 310 meters.



4. ANJUNA FLEA MARKET:

A shopaholic's paradise, the Anjuna Flea Market is a vibrant open-air market where you can find an eclectic mix of clothing, accessories, handicrafts, and souvenirs. It also offers a lively atmosphere with live music and delicious food stalls.



5. FORT AGUADA:

This iconic 17th-century Portuguese fort offers panoramic views of the Arabian Sea and is a testament to Goa's rich history. Explore the well-preserved fortifications, lighthouse, and enjoy the scenic surroundings.



PLACES TO VISIT IN GOA

6. BAGA BEACH:

Known for its lively nightlife and water sports, Baga Beach attracts both party-goers and adventure enthusiasts. Enjoy thrilling activities like jet skiing, parasailing, and banana boat rides, or simply unwind on the sandy shores.



7. PALOLEM BEACH:

A serene and picturesque beach located in South Goa, Palolem is famous for its crescent-shaped coastline fringed with swaying palm trees. It offers a tranquil escape and opportunities for swimming, kayaking, and dolphin spotting.



8. SPICE PLANTATIONS:

Embark on a refreshing tour of spice plantations in Goa, where you can explore the fragrant spice gardens, learn about various spices, and indulge in traditional Goan cuisine cooked with farm-fresh ingredients.



9. CHAPORA FORT:

Perched on a hilltop overlooking the Chapora River and the Arabian Sea, Chapora Fort is a popular tourist spot. The fort provides panoramic views of the surrounding landscapes and is known for its picturesque sunsets.



10. FONTAINHAS:

Immerse yourself in the charming Latin Quarter of Fontainhas, located in Panjim, the capital city of Goa. The narrow winding streets lined with colorful Portuguese-style houses, art galleries, and quaint cafes offer a delightful cultural experience.





<u>ICIAHP - 2023</u>

REGISTRATION FORM



For online submission of registration form :

CLICK HERE



Affix your passport size photo here

Name:				
Gender:	Date of Birth:		Age:	
Affiliating Institution	1:			
Mailing Address:				
City:		_ State:		
Pin code:				
Mobile No:	Whatsa	pp No.*		
Email Id *				
*Whatsapp No. and E	Email ID are mandatory to prov	vide for commu	nicating with organizer	
Presenting paper: Y	YES / NO			
Life Member: YES /	NO Life Membership	Number		_
Interested in IAHP	Membership: YES / NO			
Title of paper:				
Participating in wor	kshops: Yes/No			
Title of Workshop/s	:			
No. of Accompanyin	ng Persons:			
Accommodation Re	quired: YES / NO			
Date and Time of A	rrival:			
Date and Time of De	eparture:			
Registration Categor	ry:			
	for the Pre-Conference Works e details of the speaker:	hops?: YES/	NO	





REGISTRATION FORM

ICIAHP - 2023



Payment Details:		
Amount Paid:	Transaction ID:	
Date:	Bank Name:	
Signature:	Place & Date:	

Note:

- Delegates are requested to send the complete registration form with proof of payment at contact@iciahp2023.com
- Please attach one identity proof for national delegates (valid Driving License/Passport copy/Aadhar Card) or 1 identity proof for international delegates (Passport copy).
- Accommodation is subject to availability and will be provided on first come first serve basis with sharing.
- Registration is non-transferable and non-refundable.

Registration fee is payable at:

Name: We Avec U Organization Account number: 26290200001245

Type: Current Account IFSC Code: BARB0NOIDAX

Bank of Baroda

UPI: weavecu@barodampay

Entitlement:

- · Conference Kit
- · Dinners and Lunches
- · Tea & cookies
- Exhibition area access
- Souvenir with program details
- Certificate of Attendance

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