



# **3<sup>rd</sup> International Conference of Indian Academy of Health Psychology**

**ICIAHP-2017**

**(November 12-14, 2017)**

**Focal Theme**

**Health and Well-Being: Issues and Challenges**



**Organized by:**

**Department of Psychology**

**National P.G. College**

**An Autonomous, CPE & NAAC Grade-A College of University of Lucknow**

**2, Rana Pratap Marg, Lucknow, 226001 U.P. (India)**

**E-mail: [iciahp2017@gmail.com](mailto:iciahp2017@gmail.com)**

**Website: [iahp.net.in](http://iahp.net.in)**

**Chief Patron**

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Vice Chancellor, Lucknow University

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Indian Academy of Health Psychology

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Head, Department of Psychology  
National P.G.College, Lucknow

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**Welcome to ICIAHP- 2017**

On behalf of the organizing committee of 3<sup>rd</sup> International Conference of Indian Academy of Health Psychology, I cordially invite you to the conference to be held on 12<sup>th</sup>-14<sup>th</sup> November, 2017 at National P.G. College , Lucknow, U.P. The aim of the conference is to foster development of health psychology in India. It will provide great opportunity for health psychologists, medical/health care professionals, social scientists, educationists and researchers to learn and exchange their views and experiences. The conference is a multi-disciplinary event whereby scholars working on various aspects of health psychology and human wellbeing are invited to come together to present, discuss and exchange ideas to foster interdisciplinary collaborative projects. We look forward to your active participation in the conference with your colleagues and research students.

**Dr. P.K.Khattari**  
**Organizing Secretary, ICIAHP-2017**

## Indian Academy of Health Psychology

S. No.	Name	Address	Designation in IAHP
1.	Prof. Anand Kumar	Former Head, Department of Psychology, M.G. Kashi Vidyapith, Varanasi	President
2.	Prof. Amool Ranjan Singh	Former Director, RINPAS, Kanke, Ranchi.	Vice-President
3.	Prof. Rakesh Pandey	Former Head, Department of Psychology, Banaras Hindu University, Varanasi	Secretary General
4.	Dr. Ashok Rai	Director, Indian Institute of Cerebral Palsy & Handicapped Children, Varanasi	Joint Secretary
5	Dr. Janmejay Pradhan	Scientist- F, DRDO, Delhi	Finance Secretary
6.	Prof. Arti Bakhshi	Head, Department of Psychology, University of Jammu, Jammu.	Executive Member
7	Prof. Radhey Shyam	Professor, Dept. of Psychology M.D. University, Rohtak,	Executive Member
8.	Prof. Mahmood S. Khan	Professor, Dept. of Psychology Aligarh Muslim University, Aligarh	Executive Member
9	Prof. C.P.Khokhar	Former Head, Department of Psychology Gurukul Kangri University, Haridwar	Executive Member
10.	Prof. R. S. Singh	Former President, Community Psychology Association of India, Rewa	Executive Member
11.	Dr. P. K. Khattri	Head, Department of Psychology, National P.G. College, Lucknow	Executive Member

**Conference Venue: National P.G.College, Lucknow, U.P.**

## Sub –Themes

1. Health problems in Life Span
2. Stress: Coping Strategies and Management
3. Holistic Health: Yoga, Spirituality, Mindfulness and Religious Practices
4. Psychological Intervention in Health Issues
5. Emotions , Cognition and Health
6. Sports, Exercise and Health
7. Happiness Across the Life Span
8. Psychiatric and Psychosomatic Disorders
9. Intervention and Remedial Measures
10. Parenting, Family and Health
11. Neuropsychology, Brain Behaviour and Health
12. Pain: Issues , Assessment and Management
13. Chronic and Fatal Illness

## Scientific Programme

The scientific programme will comprise of keynote address, guest lectures, symposia, paper presentation, poster presentation and workshop.

### Call for papers

Scholars interested in presenting research papers on the theme of the conference are required to submit their abstract in soft copy by e-mail **before 30th September, 2017**. The abstract of paper should not exceed 250 words; typed on A4 size paper in double space.

**The abstract must include Title, Authors and Institutional affiliation.**

**The content of the abstract should start from a new paragraph stating clearly Objectives, Method, Results and Conclusions. At least 3 key words be added in the last line after conclusions.**

Deadline for Abstract Submission: 30th September, 2017  
Deadline for Full Paper Submission: 15th October, 2017

Send abstract in soft copy by e-mail to [iciahp2017@gmail.com](mailto:iciahp2017@gmail.com)

**Abstract will be accepted only of the registered delegates.**

**Completed registration form and registration fee along with a hard copy of the abstract with be sent to:**

**Dr. P.K.Khattari**

**Organizing Secretary, ICIAHP -2017**

**Head, Department of Psychology**

**National P.G.College, Lucknow.U.P.**

**Mobile: 9415004020  
9721524865**

## Deputation

Delegates are advised to get themselves sponsored by their institution. Limited financial resources do not allow us to provide TA/DA to delegate.

## IAHP Young Scientist Award 2017:

A special session for **young scientist award 2017** will be organized for young researchers and scholars (**age up to 35 years as on 15th October, 2017**). **Applicant must be a Life member of IAHP**. Paper should be single author only and a self-declaration to the effect that the paper has neither been presented in any forum nor been published in any form is a mandatory requirement. The papers received for this session will be reviewed by a screening committee and based on the quality and significance of the research, only 08 papers will be selected for presentation in the IAHP young scientist award session.

## Best Paper Award

A special session for **Best paper award** will be organized for researchers and scholars (**age up to 45 years as on 15 October, 2017**). **Applicant must be a Life member of IAHP**. Paper should be single author only and a self-declaration to the effect that the paper has neither been presented in any forum nor been published in any form is a mandatory requirement. The papers received for this session will be reviewed by a screening committee and based on the quality and significance of the research, only 08 papers will be selected for presentation in the Best paper award session. The results will be declared and the citation of best paper award will be presented to the candidate at the valedictory session of the conference.

The results of the recipient of Young Scientist Award 2017 and Best Paper Award will be declared in the Valedictory function and the citation of the award along with memento will be presented to the candidate at the Valedictory Function of the conference on 14 November, 2017.

**Interested participant for Young Scientist Award 2017 and Best Paper Award should send abstract and full paper as soft copy by e-mail to [iahp@iahp.net.in](mailto:iahp@iahp.net.in) and also as hard copy with his IAHP Life membership number, age proof and self declaration up to 15 October, 2017, addressed to:**

**Prof. Anand Kumar**

**President: Indian Academy of Health Psychology**

**Former Head, Department of Psychology**

**M.G.Kashi Vidyapith, Varanasi-221002, U.P.**

**E-mail: [iahp@iahp.net.in](mailto:iahp@iahp.net.in)**

## Registration fee for Delegates

Delegate Category	Registration fee up to 30 <sup>th</sup> September, 2017	Registration fee after 30 <sup>th</sup> September, 2017
IAHP Member Delegates (With Accommodation)	4,000/-	4,500/-
Outstation Delegates** (With Accommodation)	4,500/-	5,000/-
Outstation Students** (With Accommodation)	3,500/-	4,000/-
Local Delegates	2,500/-	3,000/-
Local Students*	2,000/-	2,500/-
Accompanying Persons	3,500/-	4,000/-
Foreign Delegates	US \$ 200	US \$ 300

\*Students must submit a certificate issued by the Head of their Department/Institute to the effect that they are bonafide student and willing to participate in the ICIAHP-2017.

\*\***Without Accommodation**, Outstation delegates will have to pay local delegate fee charges and Outstation students will have to pay local student fee charges.

**All payment are to be made by demand draft (DD) in favour of "ICIAHP-2017" Payable at Lucknow or Online NET Banking payment to Vijaya Bank, Hazratganj Branch, Lucknow(U.P.) A/C No. 710600301000500 (IFSC Code no : VIJB0007106).**

**Please intimate Online NET Banking payment of registration to [iciahp2017@gmail.com](mailto:iciahp2017@gmail.com)**

### **Registration fee will cover:**

- ❖ Transport facility only from **Lucknow Railway Station** to hotel/ University guest house on arrival of **registered Outstation delegates and students with accommodation category.**
- ❖ Conference kit including conference badge, souvenir / abstract book and writing materials to the delegates.
- ❖ Admissions to inaugural function, scientific sessions, exhibition of psychological tests/ books and valedictory function.
- ❖ Breakfast, lunch, tea / coffee and dinner during the conference **period with effect from Dinner of 11<sup>th</sup> November to lunch of 14<sup>th</sup> November, 2017.**

### **Accommodation:**

Accommodation will be provided to all **outstation delegates and outstation students who will register in the *Registered with Accommodation Category*** if indicated in the registration form, in the Hotels/Lodges on sharing basis in the general rooms. Accommodation will be available with effect from 11<sup>th</sup> November, 2017 morning up to noon of 14<sup>th</sup> November, 2017 (Check out 12:00 NOON).

**In any case, it would be not possible to provide boarding and lodging to the outstation participants registered after 15<sup>th</sup> October, 2017. They will have to make their own accommodation arrangements.**

### **Reception on Railway Station:**

The organizing committee shall make arrangements for reception and transportation of delegates arriving at the **Charbagh Railway Station Lucknow** to their accommodation places on intimation about details of train and its arrival time well in advance. Delegates are requested to contact volunteers at the Reception Counter located at Lucknow Railway Station (NR)/Lucknow Junction (NER) **from the morning of 11<sup>th</sup> November, 2017 (8.00 am onwards) up to 12th November, 2017 (8.00 am).**

**Weather:** The weather of Lucknow is moderate in month of November; average daily temperature is 25 degrees Celsius.

### **About National P.G. College : The Host Institution**

National Post Graduate College, established in the year 1974 by the Legendary Chief-minister of Uttar Pradesh, late Shri Chandra Bhanu Gupta. Shri.C. B. Gupta was the main force behind Motilal Nehru Memorial Society which set up various educational, social welfare and cultural centers in Lucknow. NPGC is the only Autonomous College of Lucknow University. The College offers Under-Graduate, Post-Graduate, Vocational Courses (Deen Dayal Upadhaya Kendra,UGC),Diploma and Certificate courses in Arts , Commerce, Science, Management and Computer faculties. The college has well equipped Laboratories, Central Library, e-library and departmental library in all the faculties. The Library is well arranged. Journals and other papers are continuously being added to the research section. The campus has been transformed into a Wi-Fi campus. The college has been promoting modern digital technology and computer education to the students. With the combined efforts of the principal, administration, teachers and students, NPGC has been accredited grade “A” by NAAC (National Assessment and Accreditation Council) and ranked 20<sup>th</sup> position in Indian Universities/Colleges by India Today. The college functions on imparting quality of education, co-curricular activities by inculcating the virtue of being good human with a sense of discipline.



## Department of Psychology

Department of Psychology was established in the year 1979, under the able guidance of Dr. P.K. Khattri. Bachelors of Arts was started with only a few number of students that grew into hundred over with the years of experience. After 27 years of hard work and dedication, Department of Psychology at National P.G. College introduced Masters of Arts in the year 2006. Departmental facilities include the Counseling Center, the Personality Development Center, and laboratories for student exposure. The Department has been successfully organizing various national and international workshops, seminars and lectures to enrich the professionals with the new developments in the field of psychology. The placement in the department is excellent. Ex-Students of the psychology department are working in various section of the society and placed in many prestigious organizations. Many Students are pursuing their higher education also.

### About Lucknow City

Lucknow (Shiraz-e-Hind, The city of Nawabs, The golden city) a large city in Northern India is the capital of the Indian state of Uttar Pradesh and is also the administrative headquarters of the District and Division. Lucknow has always been known as a multicultural city that flourished as a North Indian cultural and artistic hub, and the seat of power of Nawabs in the 18th and 19th centuries. It continues to be an important centre of governance, administration, education, commerce, aerospace, finance, pharmaceuticals, technology, design, culture, tourism, music, art and poetry. Lucknow sits on the northwestern shore of the Gomti River. Hindi and Urdu is the main language of the city. Lucknow is the centre of Shia Islam in India with the highest Shia Muslim population in India

Historically, the capital of Awadh was controlled by the Delhi Sultanate which then came under Mughal rule. It was later transferred to the Nawabs of Awadh. In 1856, the British East India Company abolished local rule and took complete control of the city along with the rest of Awadh and, in 1857, transferred it to the British Raj. Along with the rest of India, Lucknow became independent from Britain on 15 August 1947. It has been listed the 17th fastest growing city in India and 74th in world.

Lucknow's buildings show different styles of architecture with the many iconic buildings built during British and Mughal era. More than half of these buildings lie in the old part of the city. Among the extant architecture there are religious buildings such as Imambaras, Mosques, and other Islamic shrines as well as secular structures such as enclosed gardens, baradaris, and palace complexes. Bara Imambara is very famous in Lucknow city. The University of Lucknow shows a huge inspiration from the European style while Indo-Saracenic Revival architecture is prominently present in the Uttar Pradesh. Vidhan Sabha building, Chattar Manzil, Lal Baradari, Charbagh Railway station and Dilkusha Kothi are the center of attraction. Lucknow's Asafi Imambara exhibits vaulted halls as its architectural speciality. The Bara Imambara, Chhota Imambara and Rumi Darwaza stand in testament to the city's Nawabi mixture of Mughlai and Turkish style of architecture while La Martiniere college bears witness to the Indo-European style. Even the new buildings are fashioned using characteristic domes and pillars, and at night these illuminated monuments become the city's main attractions. Chikankari is the attraction of hazratganj, aminabad and chowk market.



## Regional Secretaries of IAHP:

### East Region:

**Dr.D.Dutta Roy**  
Associate Professor  
Psychology Research Unit  
Indian Statistical Institute Kolkata  
Nominated w.e.f. 17 January, 2017

### North Region:

**Dr.Alok Mishra**  
Chairman,  
Brain Behaviour Research Foundation of India  
New Delhi  
Nominated w.e.f. 15 April, 2017

### Central Region:

**Dr. Rupesh Ranjan**  
Clinical Neuropsychologist  
Bhopal Memorial Hospital and Research Center  
Bhopal,M.P.  
Nominated w.e.f. 21 January, 2017

### West Region:

**Professor Samir J.Patel**  
Department of Psychology  
Sardar Patel University,  
Vallabh Vidyanagar,Gujarat  
Nominated w.e.f. 07 March, 2017

### North Central Region:

**Dr. Rakesh Jain**  
Senior Clinical Psychologist  
Institute of Mental Health and Hospital  
Agra,U.P.  
Nominated w.e.f. 22 January, 2017

### South Region;

**Professor N. Annalakshmi**  
Department of Psychology  
Bharathiar University  
Coimbatore,Tamilnadu  
Nominated w.e.f. 30 January, 2017

### Address for Communication:

Address all correspondence/ communication related to 3<sup>rd</sup> International Conference of the Indian Academy of Health Psychology to:



**Prof. Anand Kumar**  
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President  
Indian Academy of Health Psychology

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**Website: [iahp.net.in](http://iahp.net.in)**



**ICIAHP-2017**  
**(November 12-14, 2017)**  
**REGISTRATION FORM**

Name (CAPITAL LETTERS): \_\_\_\_\_

Gender: Male / Female      Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Affiliating Institution: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Pin code: \_\_\_\_\_

Mobile No: \* \_\_\_\_\_

Email Id \* \_\_\_\_\_

**\*Mobile No. and Email ID is mandatory to provide for communicating with organizer**

Presenting paper: YES / NO

Life Member: YES / NO      Life Membership Number.....

Title of paper: \_\_\_\_\_

No. of Accompanying Persons: \_\_\_\_\_

Accommodation Required:                      Yes / No

Date and Time of Arrival: \_\_\_\_\_

Date and Time of Departure: \_\_\_\_\_

**Delegate Category:** \_\_\_\_\_

Registration Fee Payment Details:

All payment are to be made by demand draft (DD) in favour of "ICIAHP-2017" Payable at Lucknow or Online NET Banking payment to Vijaya Bank, Hazratganj Branch, Lucknow(U.P.) A/C No. 710600301000500 (IFSC Code no : VIJB0007106).

Please mention in the registration form and also intimate by e-mail about the Online NET Banking payment of registration fee to: [iciahp2017@gmail.com](mailto:iciahp2017@gmail.com)