



**Invitation and Call for Papers**

**ICIAHP-2016**

**2<sup>nd</sup> International Conference of Indian Academy of Health Psychology**

**(December 16-18, 2016)**

**Focal Theme**

**Health Psychology: Expanding Horizons**



**Organized by:**

**Department of Psychology and Mental Health**

**Gautam Buddha University, Yamuna Expressway,**

**Greater Noida-201312, U.P.**

**E-mail: [iciahp2016@gmail.com](mailto:iciahp2016@gmail.com)**

**Website: [iahp.net.in](http://iahp.net.in)**

## Welcome to ICIAHP- 2016

On behalf of the organizing committee of 2<sup>nd</sup> International Conference of Indian Academy of Health Psychology, I cordially invite you to the conference to be held on 16<sup>th</sup>-18<sup>th</sup> December, 2016 at Gautam Buddha University, Yamuna Expressway, Greater Noida , U.P. The aim of the conference is to foster development of health psychology in India. It will provide great opportunity for health psychologists, medical/health care professionals, social scientists, educationists and researchers to learn and exchange their views and experiences. The conference is a multi-disciplinary event whereby scholars working on various aspects of health psychology and human wellbeing are invited to come together to present, discuss and exchange ideas to foster inter-disciplinary collaborative projects.

We look forward to your active participation in the conference with your colleagues and research students.

Yours sincerely,

**Dr. Anand Pratap Singh**

**Organizing Secretary, ICIAHP-2016**

### Organizing Committee

- Chief Patron :** Dr. J.P.Sharma, I.A.S. (Retd.)  
Vice Chancellor, Gautam Buddha University
- Patron :** Dr. Arun Kansal, Dean Academics
- Convener :** Dr. Indu Uprety, Dean, School of Humanities & Social Sciences
- Chairman :** Prof. Anand Kumar, President, Indian Academy of Health Psychology
- Organizing Secretary :** Dr. Anand Pratap Singh ,  
Head  
Department of Psychology and Mental Health  
Gautam Buddha University
- Academic Secretary :** Dr. Janmejy Pradhan,  
Scientist - F, DRDO, New Delhi

### Indian Academy of Health Psychology

S. No.	Name	Address	Designation in IAHP
1.	Prof. Anand Kumar	Head, Department of Psychology, M.G. Kashi Vidyapith, Varanasi	President
2.	Prof. Amool Ranjan Singh	Director, RINPAS, Kanke, Ranchi.	Vice-President
3.	Prof. Rakesh Pandey	Head, Department of Psychology, Banaras Hindu University, Varanasi	Secretary General
4.	Dr. Ashok Rai	Director, Indian Institute of Cerebral Palsy & Handicapped Children, Varanasi	Joint Secretary
5	Dr. Janmejy Pradhan	Scientist- F, DRDO, Delhi	Finance Secretary
6.	Prof. Arti Bakhshi	Head, Department of Psychology, University of Jammu, Jammu.	Executive Member
7	Prof. Radhey Shyam	Professor, Dept. of Psychology M.D. University, Rohtak,	Executive Member
8.	Prof. Mahmood S. Khan	Professor, Dept. of Psychology Aligarh Muslim University, Aligarh	Executive Member
9	Prof. C.P.Khokhar	Head, Department of Psychology Gurukul Kangri University, Haridwar	Executive Member
10.	Prof. R. S. Singh	Former President, Community Psychology Association of India, Rewa	Executive Member
11.	Dr. P. K. Khatri	Head, Department of Psychology, National P.G. College, Lucknow	Executive Member

## Sub –themes:

Sub-themes of the conference are listed below:

1. Stress: Coping Strategies and Management
2. Holistic Health: Yoga, Spirituality and Religious Practices
3. Behaviour Change and Psychological Intervention
4. Emotions , Cognition and Health
5. Sports, Exercise and Health
6. Happiness Across the Life Span
7. Chronic and Psychosomatic Disorders
8. Intervention and Remedial Measures
9. Health problems in Life Span
10. Parenting, Family and Health
11. Neuropsychology and Health
12. Pain Management

## Conference Venue:

The conference venue will be Gautam Buddha University, Yamuna Expressway, Greater Noida, U.P.

## Scientific Programme:

The scientific programme will comprise of keynote address, guest lectures, free paper presentation, symposia and workshop.

## Call for papers:

Scholars interested in presenting research papers on the theme of the conference are required to submit their abstract in soft copy by e-mail before 15 November, 2016. The abstract of paper should not exceed 250 words; typed on A4 size paper in double space.

The abstract must include Title, Authors and Institutional affiliation.

The content of the abstract should start from a new paragraph stating clearly Objectives, Method, Results and Conclusions.

**Abstract will be accepted only of the registered delegates**

Deadline for Abstract Submission: 15 November, 2016

Deadline for Full Paper Submission: 01 December, 2016

Send abstract in soft copy by e-mail to [iciahp2016@gmail.com](mailto:iciahp2016@gmail.com)

Completed registration form and registration fee be sent to:

Dr. Anand Pratap Singh,  
Organizing Secretary, ICIAHP -2016  
Head, Department of Psychology and Mental Health  
Gautam Buddha University, Yamuna Expressway  
Greater Noida - 201312, U.P., India

## Deputation:

Delegates are advised to get themselves sponsored by their institution. Limited financial resources do not allow us to provide TA/DA to delegate.

## IAHP Young Scientist Award

A special session for **young scientist award** will be organized for young researchers and scholars (**age up to 35 years as on 31 October, 2016**). **Applicant must be a Life member of IAHP**. Paper should be single author only and a self-declaration to the effect that the paper is not a part of thesis / dissertation for the award of any degree / diploma and has neither been presented in any forum nor been published in any form is a mandatory requirement. The papers received for this session will be reviewed by a screening committee and based on the quality and significance of the research, only 08 papers will be selected for presentation in the IAHP young scientist award session.

Interested participant should send abstract and full paper as soft copy by e-mail to [profananda@yahoo.com](mailto:profananda@yahoo.com) with his IAHP Life membership number, age proof and self declaration before 31 October, 2016, addressed to:

**Prof. Anand Kumar**

**President: Indian Academy of Health Psychology**

**E-mail: profananda@ yahoo.com**

## Best Paper Award

A special session for **Best paper award** will be organized for researchers and scholars (**age up to 45 years as on 31 October, 2016**). **Applicant must be a Life member of IAHP**. Paper should be single author only and a self-declaration to the effect that the paper has neither been presented in any forum nor been published in any form is a mandatory requirement. The papers received for this session will be reviewed by a screening committee and based on the quality and significance of the research, only 08 papers will be selected for presentation in the Best paper award session. The results will be declared and the citation of best paper award will be presented to the candidate at the valedictory session of the conference.

Interested participant should send abstract and full paper as soft copy by e-mail to [profananda@yahoo.com](mailto:profananda@yahoo.com) with his IAHP Life membership number, age proof and self declaration before 31 October, 2016, addressed to:

**Prof. Anand Kumar**

**President: Indian Academy of Health Psychology**

**E-mail: profananda@ yahoo.com**

## Registration fee for Delegates

Delegate Category	Registration fee up to 15 <sup>th</sup> November, 2016	Registration fee after 15 <sup>th</sup> November, 2016
IAHP Members (With Accommodation)	3,500/-	4,500/-
Outstation Delegates (With Accommodation)	4,000/-	5,000/-
Outstation Students* (With Accommodation)	3,000/	4,000/-
Local Delegates (Without Accommodation)	2,500/-	3,000/-
Local Students* (Without Accommodation)	2,000/-	2,500/-
Accompanying Persons	3,000/-	4,000/-
<b>Foreign Delegates</b>	<b>US \$ 200</b>	<b>US \$ 300</b>

\*Students must submit a certificate issued by the Head of their Department/Institute to the effect that they are bonafide student and willing to participate in the ICIAHP-2016.

All payment are to be made by demand draft (DD) in favour of "Gautam Buddha University" Payable at New Delhi/ Noida or Online NET Banking payment to Punjab National Bank, Gautam Buddha University Branch, Greater Noida (U.P.) A/C No. 6660000100000025 (IFS Code no : PUNB0666000).

Please intimate Online NET Banking payment of registration to [iciahp2016@gmail.com](mailto:iciahp2016@gmail.com)

Registration fee will cover:

- ❖ Transport facility from New Delhi Railway Station to conference venue / University guest house.
- ❖ Conference kit including conference badge, souvenir / abstract book and writing materials.
- ❖ Admissions to inaugural function, scientific sessions, exhibition of psychological tests/ books and valedictory function.
- ❖ Breakfast, lunch, tea / coffee and dinner during the conference period.

## Boarding and lodging:

Free boarding and lodging will be provided to all registered delegates on their request if indicated in the registration form, in a double bedroom of the University guest house on sharing basis. Accommodation will be available with effect from of 15<sup>th</sup> December, 2016 up to noon of 18<sup>th</sup> December, 2016. Free boarding will include breakfast, lunch, day tea, and dinner with effect from lunch of 15<sup>th</sup> December to lunch of 18<sup>th</sup> December, 2016.

**In any case, it would be not possible to provide free boarding and lodging to the outstation delegates registered after 01<sup>st</sup> December, 2016. They will have to make their own boarding and lodging arrangements.**

## Reception on Railway Station:

The organizing committee shall make arrangements for reception and transportation of delegates arriving at the **New Delhi Railway Station** on intimation about details of train and its arrival time well in advance. Delegates are requested to contact volunteers at the Reception Counter located at New Delhi Railway Station from the morning of 15<sup>th</sup> December, 2016.

## Weather:

December in Greater Noida is cool. The average daily temperature in December is 15 degrees Celsius. Adequate warm clothes are needed.

## Gautam Buddha University: The Host Institution

Gautam Buddha University, established by the Uttar Pradesh Act (9) of 2002, commenced its first academic session at its 511 acres lush green campus at Greater Noida in August 2008. The University is fully funded by the New Okhla Industrial Development Authority (NOIDA) and the Greater Noida Industrial Development Authority (GNIDA), the undertakings of the Government of Uttar Pradesh. The University envisions to become a world class centre for excellence in education with a special focus to serve the under privileged and economically challenged sections of the society. The campus is modeled as a fully residential educational campus in line with the best institutions of higher learning across the globe. The uniqueness of its reputation is acknowledged through the format, content and pedagogy of its programmes and their relevance to the society. The University is recognized by the University Grants Commission under UGC Act and is a member of the Association of Indian Universities.

## The University envisions to become.....

*“A globally acclaimed integrated academic and research institution that creates a vibrant community of intellectuals and entrepreneurs endowed with Character, Creativity, Competence and Commitment, who can inspire meaningful transformations to ensure holistic growth and development of the society.”*

## Department of Psychology and Mental Health:

The inception of Department of Psychology & Mental Health under the School of Humanities & Social Sciences at Gautam Buddha University took place in the academic year 2011. Having the philosophy of Buddhist Psychology in its root, the Department envisions to earn the national and international recognition, particularly in the area of Applied Psychology and Mental Health.

At its core, the Department carries the mission to promote the virtues of mindfulness, social equanimity and psychological wellbeing among students and the people around through its academic and research ventures. The Department strives to be a premiere research & training centre in the area of Psychology and Mental Health.



Address all correspondence related to 2<sup>nd</sup> International Conference of the Indian Academy of Health Psychology to:



**Prof. Anand Kumar**  
Chairman, ICIAHP -2016



**Dr. Anand Pratap Singh**  
Organizing Secretary, ICIAHP-2016

**President**  
Indian Academy of Health Psychology

**Head, Department of Psychology and Mental Health**  
Gautam Buddha University  
Yamuna Expressway, Greater Noida  
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**+919350931991**

**Website: [iahp.net.in](http://iahp.net.in)**

**ICIAHP-2016**  
**(December 16-18, 2016)**  
**REGISTRATION FORM**

Name (CAPITAL LETTERS): \_\_\_\_\_

Gender: Male / Female      Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Affiliating Institution: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Pin code: \_\_\_\_\_

Mobile No: \* \_\_\_\_\_

Email Id \* \_\_\_\_\_

**\*Mobile No. and Email ID is mandatory to provide for communicating with organizer**

Presenting paper: YES / NO

Life Member: YES / NO      Life Membership Number.....

Title of paper: \_\_\_\_\_

No. of Accompanying Persons: \_\_\_\_\_

Accommodation Required:                      Yes / No

Date and Time of Arrival: \_\_\_\_\_

Date and Time of Departure: \_\_\_\_\_

**Delegate Category:** \_\_\_\_\_

### Registration Fee Payment Details:

All payment are to be made by demand draft (DD) in favour of "Gautam Buddha University"  
Payable at New Delhi/ Noida or Online NET Banking payment to Punjab National Bank, Gautam  
Buddha University Branch, Greater Noida (U.P.) A/C No. 6660000100000025 (IFS Code no :  
PUNB0666000).

Please intimate Online NET Banking payment of registration to [iciahp2016@gmail.com](mailto:iciahp2016@gmail.com)



# ICIAHP -2016

## TENTATIVE CONFERENCE PROGRAMME

### 15 December, 2016 (Thursday)

13:00 - 17:00 Distribution of Registration Kit Bag

### 16 December, 2016 (Friday)

09:00 - 10:00 Registration and Breakfast  
10:30 - 11:30 INAUGURAL FUNCTION (Auditorium)  
11:30 - 12:00 INAUGURAL TEA  
12:00 - 13:15 Plenary Session – I (Auditorium)  
13:15 - 14:15 LUNCH  
14:15 - 15:30 Plenary Session - II (Auditorium)  
15:30 - 15:45 TEA BREAK  
15:45 - 17:30 SYMPOSIUM (Auditorium)  
18:30 - 19:30 CULTURAL PROGRAMME (Auditorium)  
Followed by Dinner

### 17 December, 2016 (Saturday)

09:00 – 10:00 Breakfast  
10:00 – 11:00 Plenary Session-III (Auditorium)  
11:00 – 12:15 Scientific Session- I (Auditorium)  
Scientific Session- II (Seminar Hall-I)  
Scientific Session- III (Seminar Hall-II)  
12:15 - 12:30 TEA BREAK  
12:30 – 13:45 Best Paper Award Session (Auditorium)  
Scientific Session - V (Seminar Hall-I)  
Scientific Session- VI (Seminar Hall-II)  
13:45 – 14:30 LUNCH  
14:30 – 15:45 Scientific Session – VII (Auditorium)  
Scientific Session - VIII (Seminar Hall-I)  
Scientific Session - IX (Seminar Hall-II)  
15:45 - 16:00 TEA BREAK  
16:00 - 17:30 Young Scientist Award Session (Auditorium)  
18:00 - 19:00 Executive Committee Meeting of IAHP

### 18 December, 2016 (Sunday)

09:00 – 10:00 Breakfast  
10:00 – 11:00 General Body Meeting of IAHP  
11:00 – 12:30 Scientific Session - X (Seminar Hall-I)  
Scientific Session- XI (Seminar Hall-II)  
12:30 – 13:30 VALEDICTORY FUNCTION (Auditorium)