



Invitation and Call for Papers

ICIAHP-2015

1st International Conference of Indian Academy of Health Psychology

(December 06-08, 2015)

Focal Theme

Health Psychology: Emerging Trends and Challenges



Organized by:

Department of Psychology University of Jammu, Jammu and Kashmir, 180006(India) E-mail: <u>iciahp2015@gmail.com</u> Website: iahp.net.in

Welcome to ICIAHP- 2015

On behalf of the organizing committee of 1st International Conference of Indian Academy of Health Psychology, I cordially invite you to the conference to be held on 6th-8th December, 2015 at the University of Jammu. The aim of the conference is to foster development of health psychology in India. The conference will address all aspects of health psychology focusing on recent developments in fundamentals and practical applications. It will provide great opportunity for health psychologists, medical/health care professionals, social scientists, educationists and researchers to learn and exchange their views and experiences on the emerging trends and challenges of health psychology in India. The conference is a multi-disciplinary event whereby scholars working on various aspects of health psychology and human wellbeing are invited to come together to present, discuss and exchange ideas to foster inter-disciplinary collaborative projects.

We look forward to your active participation in the conference along with your colleagues and research students.

Yours sincerely,

Prof. Arti Bakhshi Director, ICIAHP- 2015

Organizing Committee

Chief Patron:	Prof. R.D Sharma, Vice Chancellor, University of Jammu
Patron:	Prof. Poonam Dhawan, Dean Academic Affairs, University of Jammu
Director:	Prof. Arti Bakhshi, Head, Department of Psychology
Organizing Secretary:	Dr. Chandra Shekhar, Assistant Professor, Department of Psychology
Co-Organizing Secretary:	Dr. Sarita Sood, Assistant Professor, Department of Psychology

Indian Academy of Health Psychology

S. No.	Name	Address	Designation in IAHP
1.	Prof. Anand Kumar	Head, Department of Psychology, M.G. Kashi Vidyapith, Varanasi	President
2.	Prof. Amool Ranjan Singh	Director, RINPAS, Kanke, Ranchi.	Vice-President
3.	Prof. Rakesh Pandey	Head, Department of Psychology, Banaras Hindu University, Varanasi	Secretary General
4.	Dr. Ashok Rai	Director, Indian Institute of Cerebral Palsy & Handicapped Children, Varanasi	Joint Secretary
5	Dr. Janmejay Pradhan	Scientist- F, DRDO, Delhi	Finance Secretary
6.	Prof. Arti Bakhshi	Head, Department of Psychology, University of Jammu, Jammu.	Executive Member
7	Prof. Radhey Shyam	Professor, Dept. of Psychology M.D. University, Rohtak,	Executive Member
8.	Prof. Mahmood S. Khan	Professor, Dept. of Psychology Aligarh Muslim University, Aligarh	Executive Member
9	Prof. C.P.Khokhar	Head, Department of Psychology Gurukul Kangri University, Haridwar	Executive Member
10.	Prof. R. S. Singh	Former President, Community Psychology Association of India, Rewa	Executive Member
11.	Dr. P. K. Khatri	Head, Department of Psychology, National P.G. College, Lucknow	Executive Member

Sub—themes: The major sub-themes of the conference are listed below; however, research papers from any area of health psychology may be submitted.

- 1. Stress: Coping Strategies and Management
- 2. Emotions, Cognition and Health
- 3. Holistic Health: Yoga, Spirituality and Religious Practices
- 4. Health and Self Regulation
- 5. Sports, Physical Activity and Health
- 6. Technology, Environment and Health
- 7. Chronic and Psychosomatic Disorders
- 8. Intervention and Remedial Measures
- 9. Aging and Health problems
- **10.** Health problems of Children
- **11. Women and Health**
- **12.** Neuropsychology and Health

Conference Venue:

The conference will be held in Brig. Rajinder Singh Auditorium., University of Jammu (New Campus), Jammu.

Scientific Programme:

The scientific programme will comprise of keynote address, guest lectures, free paper presentation, symposia and workshop.

Call for papers:

Scholars interested in presenting research papers within the theme of the conference are requested to submit their abstract before 15 October, 2015. The abstract of paper should not exceed 250 words; typed on A4 size paper in double space.

The abstract must include Title, Authors and Institutional affiliation.

The text of the abstract should start from a new line stating clearly Objectives, Method, Results and Conclusions.

Only registered delegates are permitted to submit abstract

Deadline for Abstract Submission:	15 October, 2015
Deadline for Full Paper Submission:	15 November, 2015

A hard copy and soft copy of the abstract along with completed registration form and registration fee be sent to:

Prof. Arti Bakhshi, Director, ICIAHP -2015 Head, Department of Psychology, University of Jammu, Jammu and Kashmir, 180006(India) Send abstract in soft copy by e-mail to <u>iciahp2015@gmail.com</u>

Deputation:

Delegates are advised to get themselves sponsored by their institution. Our limited financial resources do not allow us to provide TA/DA to delegate.

IAHP Young Scientist Award-2015

A special session for **young scientist award** will be organized for young researchers and scholars (**age up to 35 years as on 15 October, 2015**). Applicant must be a Life member of IAHP. Paper should be single author only and a self-declaration to the effect that the paper is not a part of thesis / dissertation for the award of any degree / diploma and has neither been presented in any forum nor been published in any form is a mandatory requirement. The papers received for this session will be reviewed by a screening committee and based on the quality and significance of the research, only 08 papers will be selected for presentation in the IAHP young scientist award session. Interested participant should send abstract and full paper as soft copy by e-mail to *profananda@yahoo.com* and a hard copy along with his IAHP Life membership number, age proof and self declaration before 15 October, 2015 to:

Prof. Anand Kumar

President: Indian Academy of Health Psychology Head, Department of Psychology, Mahatma Gandhi Kashi Vidyapith, Varanasi – 221002(India) E-mail: profananda@ yahoo.com

Best Paper Award

In each of the scientific sessions, one paper will be selected as the best paper based on the evaluation of a panel of experts comprising of the chairpersons of the session and one expert nominated by the president of the IAHP. Each expert will evaluate the papers independently and submit their evaluation report (including ratings for each paper) in a sealed envelope. Based on the average rating the best paper will be selected by a committee formed and chaired by the president of the IAHP. In case of tied ratings the best paper award will be given to the younger candidate. Only the presentation of young researchers/scholars (age 40 years or below) will be included for this evaluation in each of the scientific sessions. The results will be declared and the citation of best paper award will be presented to the candidates at the valedictory session of the conference.

The results will be declared and the citation of best paper award will be presented to the candidates at the valedictory session of the conference.

Delegate Category	Registration fee up to 15 October, 2015	Registration fee up to 15 November, 2015
IAHP Members	3,500/-	4,000/-
Outstation Delegates	4,000/-	4,500/-
Outstation Students*	2,500/	3,000/-
Local Delegates	2,000/-	2,500/-
Local Students*	1,500/-	2,000/-
Accompanying Persons	2,500/-	3,000/-
Foreign Delegates	US \$ 200	US \$ 250

Registration fee for Delegates

*Students must submit a certificate issued by the Head of their Department/Institute to the effect that they are bonafide student and willing to participate in the ICIAHP-2015.

All payment are to be made by demand draft (DD) in favour of "International Conference IAHP-2015" Payable at Jammu or Online NET Banking payment to J&K Bank, New University Campus, Jammu A/C No. 0345040500000111 (IFS Code no : JAKA0CANAAL).

Please intimate Online NET Banking payment of registration to *iciahp2015@gmail.com*

Registration fee will cover:

- Transport facility from Jammu Railway Station to conference venue / accommodation places.
- Conference kit including conference badge, souvenir / abstract book and writing materials.
- Admissions to inaugural function, scientific sessions, exhibition of psychological tests/ books and valedictory function.
- Food coupon for breakfast, lunch, tea / coffee and dinner during the conference period.

Boarding and lodging:

Free boarding and lodging will be provided to all registered delegates on their request if indicated in the registration form submitted before 15th November, 2015 on sharing basis. Accommodation will be available with effect from afternoon of 5th December to the noon of 8th December, 2015. Free boarding will include breakfast, lunch, day tea, and dinner with effect from lunch of 5th December to lunch of 8th December, 2015

In any case, it would be not possible to provide free boarding and lodging to the delegates registered after 15th November, 2015. They will have to make their own boarding and lodging arrangements.

Reception on Railway Station:

The organizing committee shall make arrangements for reception and transportation of delegates arriving at the railway station of Jammu on intimation about their arrival well in advance. Delegates are requested to contact volunteers at the Reception Counter located at Jammu Railway Station on 5th December, 2015.

Jammu: The Host city

Jammu is located at the foot of Shivaliks and is the winter capital of the state of Jammu and Kashmir, India. Jammu is known for its temples and historically renowned places. Jammu has lots of tourist attraction in its surroundings, like the renowned temple of Shri Mata Vaishno Devi, Gauri Kund Temple, Mansar and Surinsar Lakes etc. The city is known for its temples, forts, palaces and spacious gardens. Jammu is well connected by Air and Railway links with other parts of the country. The railway station is 1.5 km and airport is at a distance of 5 km from the University Campus.

Weather: December in Jammu is cool. The average daily temperature is 12 degrees Celsius. Adequate warm clothes are needed.

University of Jammu:

The University of Jammu accredited as **A** Grade University came into existence in 1969 vide Kashmir and Jammu Universities Act 1969. The University stands for thirst for knowledge and virtue under the backdrop of holy peaks of **Trikuta Hills.** The University is open to all classes and creeds with the sole objective to strive for achieving world class excellence in teaching, research and making valuable contribution to the socioeconomic development of the region and country. The university is providing state of the art facilities and opportunities for academic growth and to carry out research in the modern areas, promoting preservation and integration of the cultural diversity of the religion, state and country.

Department of Psychology:

Established in 2001 the Department of Psychology has made humble strides in both teaching and research. Beginning with a faculty of four, headed by Professor S.R Khan, the strength has grown to five at present. The department has completed 3 projects. The active involvement of faculty members in research is reflected in the publication of 90 research papers in the last 5 years. In addition, the department has produced over 13 doctoral scholars since its inception and around 15 students have qualified NET/JRF in the last 5 years.

Address for Communication:

All correspondence related to 1st International Conference of the Indian Academy of Health Psychology be addressed to:



Prof. Arti Bakhshi, Director, ICIAHP -2015 *Tel office:* (0191) 2453996 *Mobile:* +919419133266



Dr. Chandra Shekhar Organizing Secretary *Mobile: +919469211381*

E-mail: iciahp2015@gmail.com



Dr. Sarita Sood Co-Organizing Secretary *Mobile: +919906040655*

P.G. Department of Psychology, University of Jammu, Jammu and Kashmir, 180006(India)





ICIAHP-2015

(December 06-08, 2015)

Organized by:

Department of Psychology, University of Jammu, Jammu and Kashmir, 180006(India)

REGISTRATION FORM

Name (CAPITAL LETTE	RS):		
Gender: Male / Female	Date of Birth:	Age:	
Affiliating Institution:			
Mailing Address:			
City:	State:	Pin cod	e:
Mobile No:			
Email Id :			
Presenting paper: YES /	NO		
Life Member: YES / NO	Life Membershi	p Number	
Title of paper:			
No. of Accompanying Pers	ons:		
Accommodation Required	: Yes	/ No	
Date and Time of Arrival:			
Date and Time of Departur	re:		
Delegate Category:			
Registration Fee Payment	Details:		
Draft No	Dated	Amount	in favour
of "International Conferen			
NET Banking payment	t :		
J&K Bank, New University	y Campus, Jammu.		
A/C No. 0345040500000111. (IFS Code No: JAKA0CANAAL)			
Please intimate online pay	nent to <u>iciahp2015</u>	<u>@gmail.com</u> .	

ICIAHP -2015 CONFERENCE PROGRAMME

<mark>05 December, 2015 (Saturday)</mark>

13:00 - 16:00

Distribution of Registration Kit Bag

<mark>06 December, 2015 (Sunday)</mark>

09:00	- 10:30	Registration and Breakfast
10:30	- 11:30	INAUGURAL FUNCTION (Auditorium)
11:30	- 12: 00	INAUGURAL TEA
12:00	- 13:15	Plenary Session – I (Auditorium)
13:15	- 14:15	LUNCH
14:15	- 15:30	Plenary Session - II (Auditorium)
15:30	- 15:45	TEA BREAK
15:45	- 17:30	SYMPOSIUM (Auditorium)
18:30	- 19:30	CULTURAL PROGRAMME (Auditorium)
		Followed by Dinner

<mark>07 December, 2015 (Monday)</mark>

09:00 – 10:00	Breakfast
<u>10:00 – 11:00</u>	Plenary Session-III (Auditorium)
<u> 11:00 – 12:15</u>	Scientific Session- I (Auditorium)
	Scientific Session- II (Seminar Hall-I)
	Scientific Session- III (Seminar Hall-II)
12:15 - 12:30	TEA BREAK
12:30 – 13:45	Scientific Session - IV (Auditorium)
	Scientific Session - V (Seminar Hall-I)
	Scientific Session- VI (Seminar Hall-II)
13:45 – 14:30	LUNCH
14:30 – 15:45	Scientific Session – VII (Auditorium)
	Scientific Session - VIII (Seminar Hall-I)
	Scientific Session - IX (Seminar Hall-II)
15:45 - 16:00	TEA BREAK
16:00 - 17:30	Young Scientist Award Session (Auditorium)
18:00 - 19:00	Executive Committee Meeting of IAHP

<mark>08 December, 2015 (Tuesday)</mark>

09:00 - 10:00	Breakfast
<u> 10:00 – 11:00</u>	General Body Meeting of IAHP
<u> 11:00 – 12:30</u>	Scientific Session - X (Seminar Hall-I)
	Scientific Session- XI (Seminar Hall-II)
12:30 - 13:30	VALEDICTORY FUNCTION (Auditorium)
	Followed by Lunch